

JSDDL DOUBLE DUTCH SPRING CAMP 2018 SCHEDULE

March 12 (Monday)					March 13 (Tuesday)					March 14 (Wednesday)		
Time	Content				Time	Content				Time	Content	
						Wake up					Wake up	
					7:00	Breakfast				7:00	Breakfast	
					9:45	Meet at the gym				9:45	Meet at the gym	
					10:00	Warm up				10:00	Warm up	
						Style Lesson *選択					Summary Style Lesson	
						<HipHop> KO-YA STR DAICHI	<Girls> YUI URYNA AI	<Breakin> TMY KEITA MAXIMA				
13:00 13:30	Check in for Japanese teams Meet at the gym				12:00	Lunch/Break				12:00	Lunch	
14:00	OPENING Performance				14:00	Style Lesson				14:00	解 散	
14:30	Rotation Lesson(4Category)					<HipHop> KO-YA STR DAICHI	<Girls> YUI URYNA AI	<Breakin> TMY KEITA MAXIMA				
	A	B	C	D								
	Step	Rope Trick	Acrobat	Feel								
	Feel	Step	Rope Trick	Acrobat								
	Acrobat	Feel	Step	Rope Trick								
18:00	Dinner				18:00	Dinner						
20:00	Rotation Lesson(4Category)				20:00	Enjoy DOUBLE DUTCH						
	A	B	C	D								
	Rope Trick	Acrobat	Feel	Step								
21:00	Free Rope											
21:30	ダウン											
					21:30							
0:00	Lights out				0:00	Lights out						